

Holy Eucharist

The First Sunday of Lent

Sunday, March 9, 2025



Welcome to Good Shepherd. We welcome your full participation in this service. Page numbers in this leaflet refer to the Book of Common Prayer (BCP). Hymn numbers refer to the Hymnal 1982. Hymns with LEV refer to the Lift Every Voice and Sing Hymnal. Numbers with an S prefix refer to the Service Music section in the front of the Hymnal. Please turn off any cell phones before the beginning of the Eucharist.

Be thoughtful, be silent, be reverent, for you are in the house of the Lord. Before the service, speak to the Lord; during the service, let the Lord speak to you; after the service, speak to one another.

At the sound of the bell, all stand for the Entrance of the Ministers into the church.

All stand.

AT THE PROCESSION *Forty days & forty nights*

H 150

Service Begins

BCP p. 355

The following is sung, all standing.

Kyrie

S 94

COLLECT OF THE DAY

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

THE LITURGY OF THE WORD

THE OLD TESTAMENT *All sit.*

Deuteronomy 26:1-11

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this

place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Reader The Word of the Lord.
People Thanks be to God.

PSALM *Remain seated.*

Psalm 91:1-2, 9-16

BCP p. 719

Qui habitat

- 1 He who dwells in the shelter of the Most High, *
 abides under the shadow of the Almighty.
- 2 He shall say to the LORD,
 "You are my refuge and my stronghold, *
 my God in whom I put my trust."
- 9 Because you have made the LORD your refuge, *
 and the Most High your habitation,
- 10 There shall no evil happen to you, *
 neither shall any plague come near your dwelling.
- 11 For he shall give his angels charge over you, *
 to keep you in all your ways.
- 12 They shall bear you in their hands, *
 lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; *
 you shall trample the young lion and the serpent under your feet.
- 14 Because he is bound to me in love,
 therefore will I deliver him; *
 I will protect him, because he knows my Name.

15 He shall call upon me, and I will answer him; *
I am with him in trouble;
I will rescue him and bring him to honor.

16 With long life will I satisfy him, *
and show him my salvation.

THE NEW TESTAMENT

Romans 10:8b-13

"The word is near you,
on your lips and in your heart"

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Reader The Word of the Lord.
People Thanks be to God.

All stand.

SEQUENCE HYMN *Come down, love divine* (v 1)

H516

THE HOLY GOSPEL

Luke 4:1-13

Priest The Holy Gospel of our Lord Jesus Christ according to Luke.
People Glory to you, Lord Christ.

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God,
and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you,
to protect you,'

and

'On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

Priest The Gospel of the Lord.
People Praise to you, Lord Christ.

HOMILY

Fr Keith Fallis

NICENE CREED *All stand.*

BCP p. 358

PRAYERS OF THE PEOPLE

Everyone who calls on the name of the Lord shall be saved. Our generous God hears us when we pray; therefore, let us pray, "Hear us, O God; save us O God."

You know your Church, O God. You know that because of fear and greed, we are slow to offer the first fruits of our hearts. Forgive us and come quickly to help us.
Hear us, O God; **save us O God.**

You know the hearts of mortals, O God. You know that we are prone to hatred and division. Yet, you make no distinctions, but only love. Help us to be more like you. For give us and come quickly to help us.

Hear us, O God; **save us O God.**"

You know we are quick to exploit your creation, O God. You know we take the blessings of this life for granted. Forgive us and come quickly to help us.

Hear us, O God; **save us O God.**

You know our temptations, O God. You know we are not as strong as we think we are. Give us your strength. Forgive us and come quickly to help us.

Hear us, O God; **save us O God.**

You know our weaknesses, O God. You know we struggle in our pain: we suffer and experience trouble. Come quickly to help us.

Hear us, O God; **save us O God.**

In you, O God, do we put our trust. We entrust to you our dead because you alone are our refuge and salvation. You alone are mighty to save.

Hear us, O God; **save us O God.**

Congregations' petitions.

Celebrant concludes with a Collect.

CONFESSION OF SIN *All kneel.* BCP p. 360

PEACE *All stand.* BCP p. 360

Then the Ministers and the People may greet one another in the name of the Lord.

Announcements

Announcements may be made at this point in the service.

THE LITURGY OF THE EUCHARIST

"The word is near you, on your lips and in your heart." *(Romans)*

OFFERTORY *Praise to the living God*

H 372

GREAT THANKSGIVING

EUCCHARISTIC PRAYER B

BCP p. 367

SANCTUS

S129

THE LORD'S PRAYER

BCP p. 364

All baptized Christians are welcome to receive Holy Communion. We believe in the Real Presence of Christ in the Eucharist. You may either stand or kneel when receiving communion. Children may receive the Bread and Wine according to the discretion of the parents. Cross your arms over your breast to receive a blessing if you do not wish to receive either Bread or Wine. Because communion is complete in either form, reception of either bread or wine alone constitutes a full communion. If you need to receive Holy Communion in your pew, remain seated.

COMMUNION *Let us break bread together*

H 325

POSTCOMMUNION PRAYER

BCP p. 365

BLESSING

The priest blesses the people.

RECESSIONAL HYMN *In Christ there is not east or west*

H 529

Dismissal Let us go forth in the name of Christ.

CALENDAR OF EVENTS

Sun Mar 9 First Sunday of Lent (Candy, Sheila)

DAYLIGHT SAVINGS TIME

Volunteers

Greeter: Davyid

Crucifier: Lesa Nelson

Torch Bearers:

Eucharistic: Cara James

Lectors: John Algeo, Ted Garvin

Psalms: Gloria Wiley

Oblationer: Shanna Means

8am Softly Spoken Eucharist

9:15am Formation

10:30am Holy Eucharist

Coffee Hour-Join us after the service for coffee & snacks

Tue Mar 11 *Happy Birthday Nancy Landholt*

Wed Mar 12 6pm Stations of the Cross

Thurs Mar 13 *Happy Anniversary Caleb & Beth South*

GIFTS AND MEMORIALS

Altar flowers are not used during Lent. Easter Lillies will be available for purchase and will be displayed Easter Sunday.

Lent

Early Christians observed “a season of penitence and fasting” in preparation for the Paschal feast, or Pascha (BCP, pp. 264-265). The season now known as Lent (from an Old English word meaning “spring,” the time of lengthening days) has a long history. Originally, in places where Pascha was celebrated on a Sunday, the Paschal feast followed a fast of up to two days. In the third century this fast was lengthened to six days. Eventually this fast became attached to, or overlapped, another fast of forty days, in imitation of Christ's fasting in the wilderness. The forty-day fast was especially important for converts to the faith who were preparing for baptism, and for those guilty of notorious sins who were being restored to the Christian assembly. In the western church the forty days of Lent extend from Ash Wednesday through Holy Saturday, omitting Sundays. The last three days of Lent are the sacred Triduum of Maundy Thursday, Good Friday, and Holy Saturday. Today Lent has reacquired its significance as the final preparation of adult candidates for baptism. Joining with them, all Christians are invited “to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word” (BCP, p. 265).

Pope Francis' words - - Do you want to fast this Lent?

Fast from hurting words and say kind words.
Fast from sadness and be filled with gratitude.
Fast from anger and be filled with patience.
Fast from pessimism and be filled with hope.
Fast from worries and trust in God.
Fast from complaints and contemplate simplicity.
Fast from pressure and be prayerful.
Fast from bitterness and fill your heart with joy.
Fast from selfishness and be compassionate to others.
Fast from grudges and be reconciled.
Fast from words and be silent so you can listen.

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- **Adult Formation:** Sunday, 9:15am
- **Holy Eucharist:** Sunday, 8am and 10:30am
- **Unity Sunday:** 3rd Sunday of the month